

YWCA Spokane

Eliminating Racism, Empowering Women

930 N Monroe, Spokane 99201 | ywcaspokane.org
24-hour Domestic Violence Helpline 326-CALL (2255)
Alternatives to Domestic Violence 789-9297
Domestic Violence Legal Advocates 477-3656
Domestic Violence Mental Health Therapy Program 789-9291
Domestic Violence Support at DSHS 227-2629
Our Sister's Closet Free Clothing Boutique 789-9280
Women to Work Program and BFET Program 789-9299
WA ST DSHS WorkFirst Life Skills – Essentials Program - YWCA 789-9299
Early Childhood Education and Assistance Program 789-9271

YWCA Spokane Front Desk - 326-1190

930 N Monroe, Spokane 99201 | ywcaspokane.org | **24-hour Helpline 326-CALL (2255)**
connect@ywcaspokane.org | Fax: 326-1597 | Mon-Fri 8am-5pm
The go-to place in the region that empowers women and children. Support for victims of domestic violence including shelter, counseling, and legal services; work readiness, clothing and necessities; on-site childcare for clients; and early childhood education for low income families. **Walk-in “Wrap Around Wednesday” clinic provided each Wed 1-4pm to grant quick access to meaningful services and free Family Law legal consultation for survivors of intimate partner domestic violence. Arrive at 12:45pm as space is limited.**

Domestic Violence Counseling and Outreach - YWCA 789-9297

930 N Monroe, Spokane 99201 | ywcaspokane.org | **24-hour Helpline 326-CALL (2255)**
dv@ywcaspokane.org | M/Tue/Thurs 8:30am-5pm, Wed 10am-5pm, Fri 8:30am-3pm
Safety planning, advocacy-based counseling, education, support, and crisis intervention for victims, regardless of gender, race, sexual orientation, age, ability or religion, who have experienced abuse and/or violence in their intimate relationships. On Monday mornings, walk-ins are available. Outreach services available for community training, tabling events, and educational opportunities. Free, onsite trauma-sensitive childcare available for program participants.

Domestic Violence Safe Shelter and Housing Services - YWCA 326-2255

Undisclosed location | ywcaspokane.org | **24-hour Helpline 326-CALL (2255)**
help@ywcaspokane.org | 24hr service
YWCA Spokane provides confidential safe shelter for victims fleeing intimate partner domestic violence. 24-hour crisis services include temporary housing, crisis intervention, safety planning, and advocacy services.

Domestic Violence Legal Advocates – YWCA 477-3656

930 N Monroe, Spokane 99201 | ywcaspokane.org | **24-hour Helpline 326-CALL (2255)**
legalservices@ywcaspokane.org | Mon 8:30am-noon/1-4pm, Tue/Thurs 1-4pm, Fri 8:30am-noon
Helps victims of domestic violence obtain protection orders. Advocates assist victims with court proceedings and processes on criminal domestic violence cases. **Walk-in hours for legal advocates are Mondays 9 am-12 pm and 1-4 pm, and Thursdays 9 am-12 pm. Walk-in hours for attorneys are Wednesdays “Wrap Around Wednesday” 1-4 pm. Please arrive 15 minutes early, as space is limited.** Free, onsite trauma-sensitive childcare available for program participants.

Domestic Violence Mental Health Therapy Program – YWCA 789-9291

930 N Monroe, Spokane 99201 | ywcaspokane.org | **24-hour Helpline 326-CALL (2255)**

therapy@ywcaspokane.org | M/Tue/Thurs 8:30am-5pm, Wed 10am-5pm, Fri 8:30am-3pm

Trauma-sensitive, confidential, mental health therapy services for survivors of intimate partner domestic violence and their children. Free, onsite trauma-sensitive childcare available for program participants.

Domestic Violence Victim Support Services at DSHS – YWCA 789-9297

DSHS Trent Location: 8517 E Trent Ave #101, Spokane, WA 99212 | 509-227-2783

DSHS Maple Location: 1313 N Maple St, Spokane, WA 99201 | 509-227-2629

DSHS is open 8-5pm. Hours of availability vary. Call for details or an appointment.

YWCA Spokane provides CSO Advocates at the Department of Social and Health Services (DSHS) office locations that are available to support victims of intimate partner domestic violence. In addition to being another safe location victims can go to get help with limited services provided by YWCA, survivors who are on Temporary Assistance For Needy Families (TANF) can receive assistance with navigating DSHS services, accessing resources, and connection to a case manager, and potential extensions on TANF services.

Our Sisters Closet, Free Clothing Boutique– YWCA 789-9280

930 N Monroe, Spokane 99201 | ywcaspokane.org

oursisterscloset@ywcaspokane.org | Mon-Thur 9am-4:30pm by appointment

Donation based, free, clothing boutique for anyone who identifies as a woman. Each 1.5 hr personalized appointment includes 3-5 outfits, toiletries, and necessities. Periodic open-store events and emergency services also available. Call for details. Free, onsite trauma-sensitive childcare available for program participants.

Women to Work Program - YWCA 789-9299

930 N Monroe, Spokane 99201 | ywcaspokane.org

women2work@ywcaspokane.org | Mon-Thur 9am-4:30pm, Orientation Mondays @ 9am

A safe, welcoming space focused empowering women on their path to employment and economic stability. Enrollment based, free program with 1-on-1 appointments for resumes, mock interviews and coaching, as well as networking and a computer lab for skill building and job hunting. Free, onsite trauma-sensitive childcare available for program participants.

WA ST DSHS WorkFirst Life Skills – Essentials Program - YWCA 789-9299

930 N Monroe, Spokane 99201 | ywcaspokane.org

lifeskills@ywcaspokane.org | DSHS case worker referral required. Call or email for more info.

Essentials is a 12 week life skills development program for women, provided through a partnership with the Department of Social and Health Services (DSHS). This WorkFirst program helps TANF recipients gain awareness, self-confidence, motivation, and the skills necessary to successfully obtain and retain employment while moving through and healing from trauma. Free, onsite trauma-sensitive childcare is available.

Early Childhood Education & Assistance Program (ECEAP) – YWCA 789-9271

Downtown Spokane | Airway Heights | Medical Lake | ywcaspokane.org

dteceap@ywcaspokane.org | Enrollment required. Call or email for more info.

YWCA's approach to ECEAP, Washington's pre-k program serving eligible 3 & 4 year old children, includes trauma-sensitive education and support for the youth as well as support engagement and advocacy for the entire family. This free preschool promotes long-term success with school and life.