



RISE! DISRUPT! CONNECT! FEB 14

River Park Square | 4pm @ 808 W Main Ave, Spokane, WA 99201

1 BILLION RISING FOR JUSTICE

**TAKE A
STAND
& RISE WITH YOUR
COMMUNITY**

Join thousands of people and Impact the global movement:

- Learn the Dance “Break the Chain” www.onebillionrising.org
- Join a dance with a local event. Visit ywcaspokane.org for a list of events
- Post to Social Media about what needs to be done
- Talk with friends and family about what can be done in our community
- Post pictures of “Why I Rise”
- Speak up when you see violence or inequalities shown in our community
- Set your own gender-based norms and counter norms that promote gender-based violence
- Contact your political representative
- Support survivors
- Educate yourself and give capitals

CONTACT

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Brought to you through a community partnership between:



eliminating racism
empowering women
ywca
SPOKANE