The Equality Wheel is what a healthy relationship would look like, one based on respect, trust, and nonviolence. For instance, instead of using coercion and threats, a partner would resolve conflict or disagreement based on negotiation and fairness.

**Non-Threatening Behavior**
Talking and acting so that she feels safe and comfortable expressing herself and doing things.

**Respect**
Listening to her non-judgmentally - being emotionally affirming and understanding - valuing opinions.

**Trust and Support**
supporting her goals in life - respecting her right to her own feelings, friends, activities, and opinions.

**Honesty and Accountability**
Accepting responsibility for self - acknowledging past use of violence - admitting being wrong - communicating openly and truthfully.

**Economic Partnership**
Making money decisions together - making sure both partners benefit from financial arrangements.

**Negotiation and Fairness**
Seeking mutually satisfying resolutions to conflict - accepting change - being willing to compromise.

**Responsible Parenting**
Sharing parenting responsibilities - being a positive non violence role model for the children.

**Shared Responsibility**
Mutually agreeing on a fair distribution of work - making family decisions together.