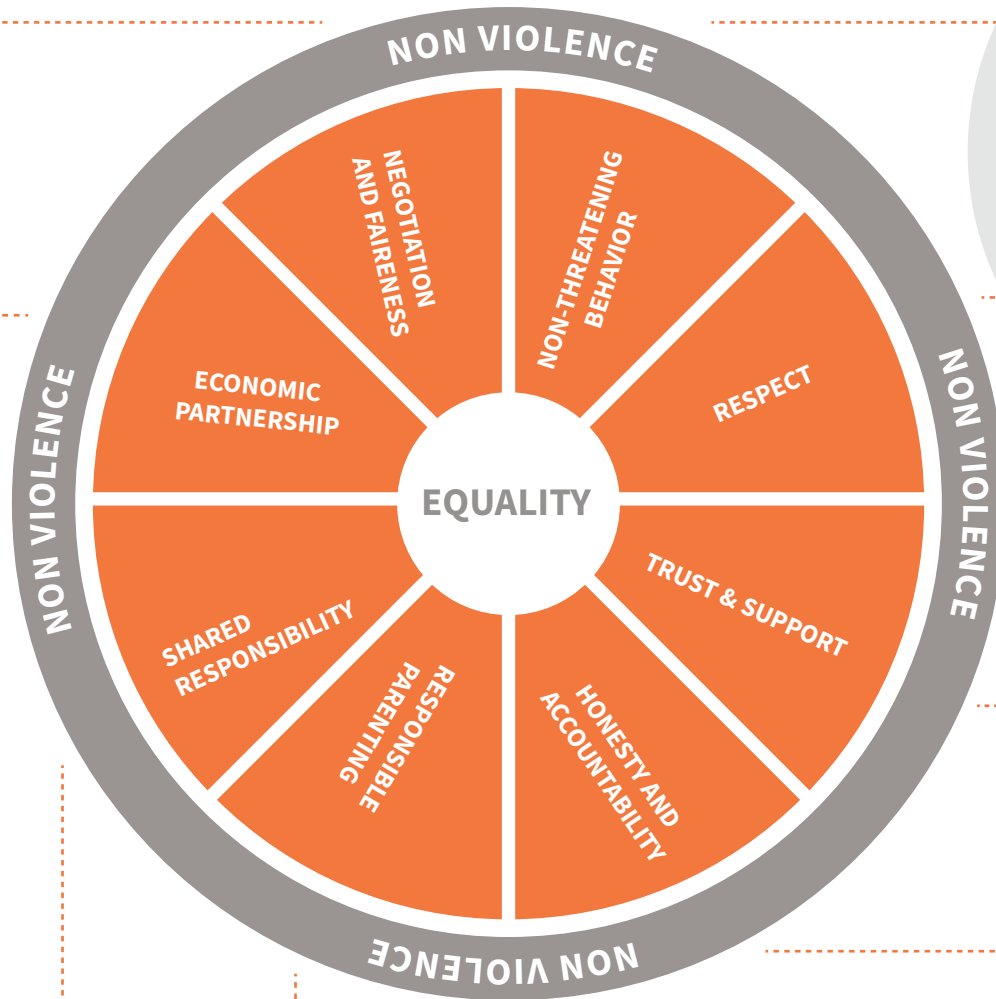


HEALTHY RELATIONSHIP

Adapted from original wheel by Domestic Abuse Intervention Project

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The Equality Wheel is what a healthy relationship would look like, one based on respect, trust, and nonviolence. For instance, instead of using coercion and threats, a partner would resolve conflict or disagreement based on negotiation and fairness.

ECONOMIC PARTNERSHIP

Making money decisions together · making sure both partners benefit from financial arrangements.

NEGOTIATION AND FAIRNESS

Seeking mutually satisfying resolutions to conflict · accepting change · being willing to compromise.

RESPONSIBLE PARENTING

Sharing parenting responsibilities · being a positive non violence role model for the children.

SHARED RESPONSIBILITY

Mutually agreeing on a fair distribution of work · making family decisions together.

NON-THREATENING BEHAVIOR

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

RESPECT

Listening to her non-judgmentally · being emotionally affirming and understanding · valuing opinions.

TRUST AND SUPPORT

supporting her goals in life · respecting her right to her own feelings, friends, activities, and opinions.

HONESTY AND ACCOUNTABILITY

Accepting responsibility for self · acknowledging past use of violence · admitting being wrong · communicating openly and truthfully.